

**LANCASER COUNTY OFFICE OF AGING**  
**Advisory Council Meeting Minutes**  
**April 2, 2018**

**Members Present:** Emily Booker, William Brock, Joseph Burchill, Georgianna Dorm, Jack Enco, \*Thomas Kloss, Jeffrey Klunk, Alan Manheim, Meredith Moore, Bob Rudy, Mary Stehman, Joseph Sullivan, and Jon Walker.

**Staff Present:** Monique Breedon-Goyco, Lisa Paulson, and Lon Wible.

**Excused:** Mary Aukers-Endres, Glenn Knight, and Gloria Schleicher.

(\*Associate Members)

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The meeting was called to order by Chair, Emily Booker followed by the pledge to the flag. Minutes from the February 5, 2018 meeting were approved.

**Chair's Report**

Ms. Booker welcomed everyone to the meeting. There were no other Chair updates to report.

**Executive Director's Report**

Interim Director, Lon Wible announced his plan to invite an Office of Aging unit supervisor to present at each council meeting going forward. The first program presentation scheduled for today's meeting was Senior Community Centers. Centers originally began in the mid 1970's as congregate meal sites where individuals 60 years of age and older could come and receive a hot nutrition lunch. Activities and educational programs were gradually introduced through the 80's when center participation was at its peak. During the late 90's and the decade following there was a very gradual decline in participation. It was related to the challenges inherent in striving to meet the expectations of the older seniors, while attempting to introduce the younger "baby boomers" (and their needs) into the same Senior Community Centers Program. To provide more information on the Senior Community Centers Program, Mr. Wible introduced Lisa Paulson, who has been with the agency twenty-one years, nineteen years as a Caseworker and two years as the Director overseeing Lancaster's Senior Community Centers.

Ms. Paulson provided a brief overview of the Senior Community Centers Program. The Office of Aging supports eight Senior Community Centers located throughout the county. Six are open five days a week and two are open three days a week. All locations are generally open from 8:30 AM-1:00 PM. Seven of the eight are subcontracted to other agencies. The centers are intended for seniors who are independent, living in the community and looking for a place to join in activities, socialization and a nutritious lunch meal. Transportation is available from the consumer's home to the center and return. Participants can attend for specific programs of their choice or for the entire day, it is up to them. Currently, the Spanish American Civic Association (SACA) is the largest center with an average daily attendance of 80. Millersville is the smallest center with an average of 25 participants. Cocalico Sr. Center recently closed due to building related issues and has now combined with Lititz. Ms. Paulson explained the steps she and her team are taking to meet the ever changing demands of this population, which spans from 60 to 100 years of age. The centers are working to include activities for all generations. Within the last ten years there has been a concerted effort to focus on health and wellness programs, which have been very successful in attracting the younger seniors. Categorical funding provided by the Department of Aging (\$30,859) has helped to pay for fall risk assessments, chronic disease/diabetes classes, Walk with Ease and Geri-Fit exercise classes. There are also aquatics exercise, yoga, and a

nationwide Wii tournament funded by the agency. Ms. Paulson is currently looking to add Tai Chi for arthritis and Wise for Medication Management. In an effort to draw in younger seniors even the menus are changing to include less starches/carbohydrates and healthier, lite fare choices to include more vegetables and salads. Nutrition Incorporated, the noon meal food service provider and SACA, the food provider for our Spanish Senior Community Center, are getting more creative in offering healthier food options.

Ms. Paulson announced May is Older Americans Month and noted three events the agency will be sponsoring: Senior Games May 7<sup>th</sup> – 11<sup>th</sup> at Spooky Nook, Technology classes May 12<sup>th</sup> - June 8<sup>th</sup> at Elizabethtown, NextGen, and LRC Sr. Community Centers, and finally, the Celebrate Seniors Barnstormers Baseball Game on May 24<sup>th</sup>.

Mr. Wible thanked the Council members who were able to attend the farewell celebration for retiring agency Executive Director Jackie Burch. There were approximately 75 staff present and many individuals who knew or worked with Jackie in the past, including representatives from the State. February 28<sup>th</sup> was Mrs. Burch's last day and March 3<sup>rd</sup> Deputy Director Lon Wible was appointed as Interim Executive Director. Interviews are currently taking place with the County Commissioners' decision to follow.

The Protective Services unit was monitored by the PA Department of Aging on February 6<sup>th</sup>. Mr. Wible proudly announced the monitoring results were very favorable, receiving a green rating. The supervisors and staff are to be commended for their efforts in achieving this outstanding result. Mr. Wible read the official monitoring visit results letter to the council.

### **Regional Council**

Mr. Kloss reported that the PCA Executive Director has retired and the State is in the process of identifying a replacement. No further updates at this time.

### **Old Business**

Mr. Wible distributed the Community Health Choices (CHC) Waiver Transition hand-out with information regarding the Department of Human Services plan to combine the five current Waivers into one. In this manner all health and long term care needs for eligible consumers will be managed by three Managed Care Organizations (MCO's). The selected MCO's are UPMC, PA Health & Wellness, & AmeriHealth Caritas. Phase 1 (Southwest PA region) transition kicked off in January 2017, Phase 2 (Southeast PA region) will begin in January 2018 and Phase 3 (Northeast/Northwest/Lehigh Capital region) in January 2020. Those eligible for CHC services are individuals 18 years of age and older who are dually eligible for Medicare and Medicaid. Lancaster is in the Lehigh/Capital region which will roll-out January 2020. Until that time the consumers currently in our Aging Waiver Program will remain with us. It has yet to be determined if the Lancaster County Office of Aging will be a service coordination provider working with the MCO's assigned to Lancaster's Waiver consumers.

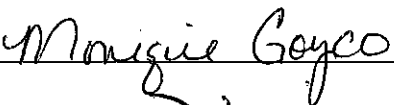
Effective July 1, 2018 the Department of Human Services (DHS) awarded the statewide Level of Care assessment contract to Aging Well PA, LLC. This is a contract that was previously held by the 52 Area Agencies on Aging (AAA). While the Level of Care assessments will still be conducted by the AAA's, they will contract with Aging Well to provide this service at a per assessment rate of \$237. Additionally, AAA's must continue to meet a completion timeframe of 10 days for all assessments except for Level Two assessments, which must be completed in 5 business days. Consequences for non-compliance with the assessment completion timeframes may include non-payment (for any assessment not meeting the timeframe), possible need for retraining and ultimately, loss of the contract if improvement is not demonstrated. Through workflow

changes, efficiencies and a lot of hard work the assessment team has been in the "Green" at or above a 95% completion rate for the last 11 months. Also occurring on July 1 is the introduction of a new Level of Care tool. The existing Level of Care Assessment will give way to a new, and shorter tool called the Functional Eligibility Determination. Once the tool has been approved by DHS training with the assessors will begin.

The County of Lancaster completed a compensation study to address recruitment and retention issues faced by many County departments. A meeting is scheduled for April 11 to learn more information on the findings and next steps.

With no new business to discuss at this time, the meeting adjourned @ 1:30 PM.

Respectfully Submitted,

  
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Recorder

  
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Interim Executive Director