

Lititz Senior Center
A DIVISON OF EARS Inc.
 Lititz United Methodist Church
 201 East Market Street
 Lititz, PA 17543

August 2022

All new members are welcome!

Phone: 717-626-2800
Hours: 8:30 AM – 1:00 PM
Mon., Wed., & Thurs.
Email: Lititzseniorcenter@gmail.com
Center Manager – Lucy Weaver
Assistant Manager – Kathy Ross
Marie Mohn – Center Assistant

Monday	Wednesday	Thursday	Special Notes
1 9:15- Exercise w/Kathy 9:15 – John plays the piano 9:30 – Clothing Bank/B P Check 10:00 – Water painting class with Creative Factory/Amy	3 9:00 – Tai-Chi with Kathy 9:15 – Chair Yoga with Jenny 10:30 – Trivia with Bob *Congregate Breakfast *Food Bank Box delivered Sub-Sale begin	4 9:15 – Exercise with Kathy 10:15 – Music with Harmonica Jack	Tables Games are played every day! Continental Breakfast is served each time the center is opened
8 9:15- Exercise w/Kathy 10:00 – Learn to crochet with Sally 11:00 - Book discussion (Come discuss a book you recently read) *Congregate Breakfast	10 9:00 – Tai Chi w/Kathy 9:15 – Chair Yoga with Jenny 10:00 – Bible Study with Pastor Vernon, room 102 10:30 – Bingo <ul style="list-style-type: none"> • Fresh vegetables delivered 	11 9:15 – Exercise w/Kathy 10:15- Music with Allan Dutton *Congregate Breakfast	Call in for meals is the previous day by 10am. Bingo cost \$1.50 to play
15 9:15- Exercise w/Kathy 9:15 – John plays the piano 9:30 – Clothing Bank/B P Check 10:00 – Learning Forgiveness	17 9:00 – Tai Chi w/Kathy 9:15 – Chair Yoga with Jenny 10:00 – Recording life stories 10:30 – Nutrition Bingo	18 9:15 – Exercise w/Kathy Music with Rick	Donations toward the cost of the meal are accepted. You can find the wooden box at the takeaway table by the office. Thank you!
22 9:15- Exercise w/Kathy 10:00 – Breakfast with Trevor	24 9:00 – Tai Chi w/Kathy 9:15 – Chair Yoga with Jenny 10:45 – Bingo SUB PICK UP DAY!	23 9:15 – Exercise w/Kathy 10:15- Music with Lost and Found *Congregate Breakfast	
29 9:15- Exercise w/Kathy 10:00 – Learning Forgiveness	31 9:00 – Tai Chi w/Kathy 9:15 – Chair Yoga with Jenny 10:45 – Bingo		

	11:00 - Town Hall Meeting		
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