

LANCASTER COUNTY OFFICE OF AGING

**2014-2015 Aging Services Area Plan Budget
Public Hearing**

**County Government Center
150 North Queen Street
Commissioners' Conference Room #701
Lancaster, PA**

October 6, 2014 – 12 Noon

AGENDA

- 1. Call to Order and Pledge of Allegiance**
Bob Sauders – Advisory Council Chair
- 2. Introductions / Purpose / Function of Advisory Council**
Bob Sauders
- 3. Presentation and Overview of 2014-2015 Aging Services
Area Plan Budget**
Jacqueline Burch – Executive Director
- 4. Public Comment / Questions**
- 5. Adjournment**

**LANCASTER COUNTY OFFICE OF AGING
AREA PLAN
PREFACE AND SERVICE HIGHLIGHT SUMMARY
FISCAL YEAR 2014-2015**

This Area Plan Summary has been prepared to present in general terms the program and fiscal trends of the Lancaster County Office of Aging. It includes a proposed cost center budget reflecting *anticipated* resources and expenditures, and a brief description of agency services. It should be noted that funding allocated to the programs mentioned herein is derived primarily from two major state and federal funding agreements -- the Aging Services Block Grant (via the Pennsylvania Department of Aging), and the Title XIX Medicaid Grant. These respective allocations represent a planning or 'placeholder' budget for each fiscal year, subject to subsequent amendment based on actual reported expenses, availability of funds, and other regulatory or budgetary considerations.

After several consecutive years of flat funding, the Commonwealth made an unprecedented commitment of \$50 million to last year's budget for the expansion of home and community-based care. Specifically, \$20 million was allocated statewide for the reduction of waiting lists, with another \$5 million to supplement operational costs of 52 area agencies on aging. For fiscal year 2014-2015, these funds have again been appropriated in similar amounts. Although this will enable us to maintain service levels for those taken from the waiting and carried forward, it will be insufficient to meet the continuing care demands of new referrals through June 2015.

The state has again established a minimum spending parameter for in-home services which includes cost centers such as Personal Care, Home Delivered Meals, Adult Day Care, Assessments, Care Management, Medical Equipment/Supplies,

Protective Services, Guardianship, and Consumer Reimbursement among others. This requires spending at least \$4,702,369 (or 65%) of our total Aging Block Grant in these areas.

Programmatically, we continue to experience steady growth in reports of need for Older Adult Protective Services (age 60+), and now for those age 18-59 as well. An recently-increased Aging Waiver service coordination rate will enable us to continue administering this vital nursing-home diversion program to more than 300 individuals and families. Use of a newly revised and mandated Level of Care Determination tool has begun, with special state-certification of all assessors anticipated by year's end. Volunteers continue to play a key role in our Ombudsman and APPRISE program outcomes as required by state and federal funders. And lastly, Options Counseling is expected to be implemented this year as part of the mandated regionalization of Aging and Disability Resources Centers across the Commonwealth.

Persons interested in a more extensive explanation of the 2014-2015 Aging Services Block Grant Budget / Area Plan may contact the Lancaster County Office of Aging at 150 North Queen Street, Suite #415, Lancaster PA 17603 or call (717) 299-7979 or 1-800-801-3070; Fax (717) 295-2070 or email: aging@co.lancaster.pa.us. Copies of the Aging Block Grant as well as the agency's 2012-2016 Four Year Area Plan are available for public's review at said location during normal business hours, or on the agency website at www.co.lancaster.pa.us/lanco_aging.

**LANCASTER COUNTY OFFICE OF AGING
2014-2015 ANTICIPATED BUDGETED RESOURCES**

A. AGING SERVICES BLOCK GRANT AGREEMENT

1. Regular Block Grant	\$5,609,386
2. Family Caregiver Support Program (State)	\$198,436
3. Family Caregiver Support Program (Federal)	\$164,965
4. Nutrition Services Incentive Program	\$78,050
5. APPRISE (Insurance Counseling Program)	\$33,008
6. Health Promotion	\$30,859
7. Options Services Funds	\$1,067,417
8. Block Grant Supplement	\$116,160
9. Volunteer Ombudsman	\$9,880
Total Block Grant	<u>\$7,308,161</u>

B. TITLE XIX AGREEMENT

1. Aging & Disability Resource Center (ADRC)	\$107,888
2. Medicaid Assessment	\$675,256
3. Information & Referral	\$115,340
4. Nursing Home Transition Reimbursement	\$120,000
5. Aging Waiver Reimbursement (Service Coordination/Enrollment)	\$450,000
6. Aging Waiver Reimbursement (Meals)	\$48,000
Total Title XIX	<u>\$1,516,484</u>

C. OTHERS

1. Program Income (Local)	\$112,049
2. Program Income (Federal)	\$4,091
3. County Cash	\$190,615
4. Senior Community Services Employment (Title V)	\$150,579
5. Options State Cost Sharing	\$9,859
Total Others	<u>\$467,193</u>

**LANCASTER COUNTY OFFICE OF AGING
2014-2015 ANTICIPATED BUDGETED RESOURCES**

D. IN-KIND

1. Cost Allocation	\$636,830
2. Volunteer Services	\$230,000
3. Senior Community Services Employment (Title V)	\$16,731
Total In-Kind	<u>\$883,561</u>

SUMMARY OF TOTAL RESOURCES (A+B+C+D)

A. Aging Services Block Grant Agreement	\$7,308,161
B. Title XIX Agreement	\$1,516,484
C. Others	\$467,193
D. In-Kind	\$883,561
Grand Total Resources (A+B+C+D)	<u><u>\$10,175,399</u></u>

**LANCASTER COUNTY OFFICE OF AGING
2014-2015 ANTICIPATED BUDGETED EXPENDITURES**

I. ADMINISTRATION

1. Administrative Expenses	\$473,096
2. Cost Allocation	\$636,830
Subtotal	<u>\$1,109,926</u>

II. ACCESS SERVICES

1. Information and Referral (includes APPRISE)	\$616,325
2. Outreach	\$107,900
3. Transportation	\$200,700
4. Nursing Home Transition	\$137,015
Subtotal	<u>\$1,061,940</u>

III. IN-HOME SERVICES

1. Personal Care	\$772,302
2. Home Support	\$228,000
3. Home Health	\$9,600
4. Care Management	\$1,013,073
5. Assessment	\$1,182,350
6. Home Delivered Meals	\$408,000
7. Adult Daily Living	\$300,000
8. Med Equip/Supplies/Devices	\$144,000
9. Personal Assistance Services	\$396,000
10. Consumer Reimbursement	\$472,809
11. Protective Service	\$683,209
Subtotal	<u>\$5,609,343</u>

**LANCASTER COUNTY OFFICE OF AGING
2014-2015 ANTICIPATED BUDGETED EXPENDITURES**

<u>IV. LEGAL SERVICES</u>	\$51,500
<u>V. COMMUNITY SUPPORT</u>	
1. Employment/Job Bank	\$74,855
2. Senior Community Services Employment (Title V)	\$150,579
3. Volunteer	\$35,850
Subtotal	<u>\$261,284</u>
<u>VI. CONGREGATE MEALS</u>	\$294,268
<u>VII. SENIOR COMMUNITY CENTER SERVICES</u>	\$613,887
<u>VIII. OMBUDSMAN</u>	\$118,047
<u>IX. GUARDIANSHIP</u>	\$477,687
<u>X. DOMICILIARY CARE</u>	\$12,786
<u>XI. PA DEPT OF AGING WAIVER PROGRAM</u>	\$318,000
<u>XII. VALUE OF IN-KIND (VOLUNTEER)</u>	\$230,000
<u>XIII. VALUE OF IN-KIND (EMPLOYMENT)</u>	\$16,731
Subtotal	<u>\$2,081,406</u>
Grand Total Expenditures (I-XIII)	<u><u>\$10,175,399</u></u>

**LANCASTER COUNTY OFFICE OF AGING (LCOA)
AREA PLAN SUMMARY SERVICE DESCRIPTIONS**

2014 – 2015

I. ADMINISTRATION

Budgeted at \$1,109,926

A.) ADMINISTRATIVE EXPENSES

Financial, program management, and operational costs are reflected here and include information management, planning, and coordinating functions essential to carrying out the Area Plan. No more than 10 % of total funds allocated in the Block Grant may be used for administration.

B.) COST ALLOCATION

This refers to the actual amount of the County's 'indirect' service charges for our agency's operation.

* * * * *

II. ACCESS SERVICES

Budgeted at \$1,061,940

A.) INFORMATION AND REFERRAL (I & R) / APPRISE

These services connect individuals to a wide range of information, programs and community resources including assistance with completing applications for transportation, Property Tax/Rent Rebate, PACE (Pharmaceutical Assistance Contract for the Elderly), PACENET, and Lawyer Referral Service. As the entry point to the agency, the I&R unit also performs the intake function for referrals to the Assessment, Care Management and Protective Service units.

APPRISE utilizes trained volunteers to counsel consumers on various issues related to Medicare and other health insurances.

B.) OUTREACH

Provides I&R by seeking out persons in need of nutritional and social support services. Emphasis is placed on reaching those who are low income, isolated, age 75+, living alone, minority, and/or functionally disabled.

C.) TRANSPORTATION

Coordinated service for trips to medical appointments, senior centers and adult day care center at a nominal co-pay, via an arrangement with the Red Rose Transit Authority (i.e., Red Rose Access).

D.) NURSING HOME TRANSITION

Special Medicaid funded program providing information, assistance, and limited services to those in nursing homes wishing to safely return to the community.

* * * * *

III. IN-HOME SERVICES

Budgeted at \$5,609,343

A.) PERSONAL CARE

Intended to assist frail, disabled older persons (or those age 18+ assessed as clinically eligible for nursing facility care) to maintain independence and help avoid unnecessary placement in residential care facilities. Assistance with bathing is a major component of personal care services.

B.) HOME SUPPORT

These services include primarily respite care (or caregiver relief) and/or assistance with laundry and grocery shopping.

C.) HOME HEALTH

Assistance of a home health aide, nurse, occupational, physical, or speech therapist as ordered by a physician and provided by a certified or licensed agency.

D.) CARE MANAGEMENT

This core service represents all activities involved with developing, implementing and monitoring a consumer's plan of care following the completion of a comprehensive assessment to determine needs. Such functions might include communicating with/referrals to service providers; calculating projected service costs / related cost sharing policies; and ensuring satisfactory delivery of services.

E.) ASSESSMENT

A comprehensive evaluation of a person's social, medical and functional needs. Focus is on determining the most appropriate, least restrictive type, level, and location of care/services preferred by the consumer, whether provided in the community or a long term care setting.

F.) HOME-DELIVERED MEALS

The LCOA ensures that any homebound Lancaster County resident age 60+ (or those age 18+ assessed as clinically eligible for nursing facility care) needing a meal receives one at no charge. All meals must meet 1/3 RDA (Recommended Daily Allowance) and are either purchased from an approved Meals on Wheels provider or arranged via an alternative vendor.

G.) ADULT DAY CARE

Offers a medical model of care and activities and care within a protective, nonresidential setting for those not capable of full-time independent living. A hot noon meal, assistance with personal care, and monitoring of medications as well as physical, occupational and speech therapy can be accessed through adult day care centers. Services are also designed to meet the specialized needs of those diagnosed dementia or other related conditions.

H.) MEDICAL EQUIPMENT, SUPPLIES AND ADAPTIVE DEVICES

Adaptive devices, various types of medical equipment, and disposable or consumable supplies not otherwise covered by any other available health care funding may be provided as part of a needed care plan.

I.) PERSONAL ASSISTANCE SERVICES

Assistance with performing various activities of daily living (bathing, dressing, etc.) via an agency or consumer employer model.

J.) CONSUMER REIMBURSEMENT

Granted to caregivers to cover a portion of costs for consumer services and supplies through the State and Federal Family Caregiver Support programs.

K.) PROTECTIVE SERVICES

Through the Older Adults' Protective Services Act, investigations, intensive casework and ongoing support are provided in order to detect, reduce or eliminate abuse, neglect, financial exploitation and abandonment. Capability for a 24-hour on-call response is maintained to receive these alleged reports of need.

* * * * *

IV. LEGAL SERVICES

Budgeted at \$51,500

Designed to assist persons age 60+ in accessing legal aid and advice through counseling, representation and litigation for a variety of needs.

A.) RELATIONSHIP WITH MID-PENN LEGAL SERVICES

Lower income older persons may be eligible for legal assistance at no cost for such things as dealing with housing-related problems, Medicare review board appeals, bankruptcy filing, and appealing denials of SSI disability.

Twenty-four hour legal service is also available to meet the requirements of the Protective Services' legislation.

B.) **LAWYER REFERRAL FOR THE ELDERLY**

This cooperative effort with the Lancaster Bar Association refers higher income persons to an attorney for an initial consultation at a nominal charge. If further legal action is indicated, the attorney will discuss options and probable fees involved.

* * * * *

V. COMMUNITY SUPPORT SERVICES

Budgeted at \$261,284

A.) **EMPLOYMENT OPPORTUNITIES**

Using public and private resources, employment opportunities and assistance are provided to job seekers age 55+ via a specially designed workshop, eligibility screenings for various job training programs, and a Job Bank offering free referral and placement services.

B.) **SENIOR COMMUNITY SERVICES EMPLOYMENT (TITLE V)**

Funded by the Department of Labor through Title V of the Older Americans' Act, part-time employment and on-the-job training is provided to financially eligible persons age 55+. Work takes place in the form of community service assignments at nonprofit organizations and governmental agencies throughout the county.

C.) **VOLUNTEER PROGRAMS**

With the help of volunteers, various types of supportive services may be available on a limited basis to enable older persons to remain in their own homes. These include socialization contacts through visits or by phone, assisting with grocery shopping, and performing minor or seasonal chores. Volunteers also support the work of the agency serving as office aides, and assisting with many special projects throughout the year.

* * * * *

VI. CONGREGATE MEALS

Budgeted at \$294,268

Such meals are provided in a group setting -- most often a senior center-- and must meet 1/3 RDA (Recommended Daily Allowance) requirements.

In Lancaster County congregate meals are served at nine LCOA- sponsored senior centers in the following communities: Columbia, Elizabethtown, Lititz, Millersville, Quarryville, and Reinholds. Three others are located in the city of Lancaster: Community Action Program's (CAP) Lancaster Neighborhood Senior

Center, the Spanish-American Civic Association (SACA) Luis Munoz Marin Senior Center, and the Lancaster Recreation Commission Senior Center.

All centers rely heavily on volunteer support for their general operation and have structured morning programming complete with a hot, nutritious meal served at lunchtime.

* * * * *

VII. SENIOR COMMUNITY CENTER SERVICES

Budgeted at \$613,887

These include a wide range of organized social, educational, recreational and entertainment activities commonly offered in senior centers and throughout the community via the Health Promotion program.

Senior center sites are community focal points where older persons come together for services, activities, and nutrition which enhance their dignity, support their independence, and encourage involvement in and with the community.

The goal of the Health Promotion program is to improve or maintain the level of physical and/or mental health of older participants. Activities include sponsorship of exercise and water aerobic classes, a wide range of preventative health screenings, flu and pneumonia shots. This area of wellness has become one of increasing importance and popularity.

* * * * *

VIII. OMBUDSMAN PROGRAM

Budgeted at \$118,047

Mandated to investigate complaints made by or on behalf of older persons who are consumers of long-term services, the Ombudsman assists in resolving concerns related to residents' rights in residential and community settings. Trained volunteers assist staff to make visits and monitor facility care.

* * * * *

IX. GUARDIANSHIP

Budgeted at \$477,687

As part of the Older Adults Protective Services Act, it may be necessary to pursue guardianship for those unable to manage their own affairs as deemed appropriate by the courts.

* * * * *

X. DOMICILIARY CARE

Budgeted at \$12,786

Through this program an older person may live with a family or individual in a private residence in the community. Home providers receive a monthly fee from the resident and/or a state supplement to help pay for care. Residents receive ongoing care management services. Homes are inspected and monitored annually.

* * * * *

XI. AGING WAIVER PROGRAM

Budgeted at \$318,000

Home and community based care is offered to those age 60+ as an alternative to nursing home care. These services are funded through a special waiver of certain Medicaid funds.

* * * * *

XII. VALUE OF IN-KIND (VOLUNTEER SERVICES)

Budgeted at \$230,000

This component represents the monetary value of volunteer hours given to various LCOA programs (equated in terms of the minimum wage).

* * * * *

XIII. VALUE OF IN-KIND (EMPLOYMENT PROGRAMS)

Budgeted at \$16,731

This is the monetary value of the contributions made by community agencies who host, train, and employ older workers as part of the Title V program.

* * * * *